

CHRISTIAN M. ATHENS, D.O.

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EDUCATION & TRAINING

Trauma and Adult Reconstruction Fellowship	2025-Current
Hennepin County Medical Center, Department of Orthopedics—Minneapolis, MN	
Orthopedic Surgery Residency	2020-2025
Department of Orthopedic Surgery, Aultman hospital—Canton, OH	
Orthopedic Surgery Research Fellowship	2019-2020
Department of Orthopedic Surgery, Jersey City Medical Center—Jersey City, NJ	
Hand Surgery Research Fellowship	2018-2019
Department of Orthopedic Surgery, Mayo Clinic—Rochester, MN	
Traditional Rotating Internship	2017-2018
Beaumont Health, Botsford Hospital—Farmington Hills, MI	
Clinical Clerkship	2015-2017
Beaumont Health, Botsford Hospital—Farmington Hills, MI	
Doctor of Osteopathic Medicine, D.O	2013-2017
Michigan State University College of Osteopathic Medicine—East Lansing, MI	
Bachelor of Arts: Biology Major, Chemistry Minor	2009-2013
Lake Forest College—Lake Forest, IL	

LEADERSHIP ACTIVITY

Medical Staff Performance Improvement Committee, Resident Member, Aultman Hospital	2023-2024
Surgical Performance Improvement Committee, Resident Member, Aultman Hospital	2024-2025
Trauma Committee, Resident Member, Aultman Hospital	2023-2026

ACADEMIC ACTIVITY

Paul AW, **Athens CM**, Patel R, Rizzo M, Rhee PC. Effect of Trapeziectomy on Carpal Stability. *Hand (N Y)*. 2022 May;17(3):432-439

- Podium Presentation: Minnesota Orthopedic Society—2019 Annual Meeting
- Poster Presentation: American Osteopathic Academy of Orthopedics—2019 Annual Meeting

Athens CM, Bartoletta J, Paul A, Gillis JA, Thoreson A, Rhee PC. Biomechanical comparison of tenorrhaphy constructs for tendon reconstructions and transfers. *Hand Surg Rehabil*. 2022 Feb;41(1):119-124

- Podium Presentation: American Academy for Hand Surgery—2020 Annual Meeting
- Poster Presentation: American Osteopathic Academy of Orthopedics—2019 Annual Meeting

Meaike JJ, **Athens CM**, Sgromolo N, Shin AY, Rhee PC. Wound Complications with Multiple Wrist Incisions in Distal Radius Reconstruction. *J Wrist Surg*. 2021 Oct 31;11(4):316-321

Gillis, JA, **Athens CM**, Rhee PC. Biomechanical Comparison of Tendon Coaptation Methods With a Meshed Suture Construct. *J Hand Surg Am*. 2021 April;46(4):323.e1-343.e10

- Poster Presentation: American Osteopathic Academy of Orthopedics—2019 Annual Meeting

Gianakos A, Yingling J, **Athens CM**, Barra AE, Capo, JT. Treatment for Acute Proximal Interphalangeal Joint Fractures and Fracture-Dislocations: A Systematic-Review of the Literature. *J Hand Microsurg*. 2020 Oct;12:S9-15

Gianakos A, Patel P, **Athens CM**, Capo JT. Single Incision, Dual Window Approach for a Comminuted Distal Radius Fracture. *J Wrist Surg*. 2021 March 15;11(1):84-88

Pizzo RA, **Athens CM**, Capo JT. Open Treatment of Distal Ulna Fractures (Styloid, Head and Neck). In: Weisel SW, Albert T. Operative Techniques in Orthopaedic Surgery. 3rd Ed. Wolters Kluwer. 2021. 3334-3348

CONFERENCES & COURSES

- OTA Annual Meeting, Pheonix, AZ 2025
- OTA Annual Meeting, Montreal, QC 2024
- Zimmer Biomet Trauma course, Jacksonville, FL 2024
- Stryker FORCE course, Ft. Lauderdale, FL 2024
- Smith and Nephew SAIF course, Atlanta, GA 2024
- Tumor Review Course, Akron, OH 2024
- OTA Annual Meeting, Seattle, WA 2023
- Akron Pediatric Orthopedic Resident Review Course. Akron, OH 2023
- AO Basic Trauma Course. Nashville, TN, 2022
- AAOS Fundamental Concepts of Primary Hip and Knee Arthroplasty for Orthopedic Residents. Rosemont, IL 2021
- American Academy for Hand Surgery 2020 Annual Meeting
- AOA Annual Meeting 2019. Colorado Springs, CO 2019
- Minnesota Orthopedic Society 2019 Annual Meeting
- AO Trauma Course: Hand and Wrist Fracture Management. Jersey City, NJ 2019
- Mayo Wrist Course, Rochester MN 2019
- TriMed: Fragment Specific Distal Radius Fracture Fixation, Rochester, MN 2018
 - Visiting Surgeon: Robert Medoff, MD
- Axogen: Nerve Transfer and Reconstruction Techniques, Rochester MN 2018
 - Visiting Surgeon: Ian Valerio, MD
- Aptis: Ulnar Head Arthroplasty, Rochester, MN 2019
 - Visiting Surgeon: Luis Scheker, MD
- Arthrex: Ligamentous Repair and Reconstruction Techniques, Rochester MN 2019
 - Visiting Surgeon: Steven Shin, MD

COMMUNITY & VOLUNTEER SERVICE

- Peru Medical Mission** 2014
- MSUCOM/DOCARE—Lima & Iquitos, Peru
- Grosse Ile Beach Volleyball League** 2010-2012

Waters Edge Marina—Grosse Ile, MI

2011 President of Sugar Volleyball Classic

2011

Sugar Island—Grosse Ile, MI

Chaperone

2011, 2012

Hogar Rafael Ayau Orphanage—Guatemala City, Guatemala

Operating Room Circulator

2008 & 2009

Medical Mission, Healing the Children Southwest—Guatemala City, Guatemala

Personal

Scuba diving, free diving, spear fishing, boating, backpacking, ice hockey, hunting, fishing, snowboarding, traveling, car and boat enthusiast